



Rep. Mesha Mainor
District 56

Biography

State Representative Mesha Mainor was elected to the Georgia House of Representatives in 2020, and she represents the citizens of House District 56 in the heart of Atlanta. Rep. Mainor is an Atlanta native and sixth generation Georgian with ancestral roots dating back to the 1820s as a decedent of the Mainor family from Dooly County, Georgia.

Rep. Mainor is a leader and expert strategist in the health care, education, policy and business. With nearly 25 years of experience in servant leadership, she is known as a passionate advocate for equitable and quality human services. Her career includes leadership roles, creating educational programs for youth and businesses, public health in global settings, community engagement, providing resources and services to seniors and advocating for humanitarian rights.

Rep. Mainor graduated from Benjamin E. Mays High School in Southwest Atlanta before matriculating to Howard University, where she earned a Bachelor of Science in Health Sciences and a Master of Physical Therapy, both with honors. She is currently working on her doctorate in business administration from Northcentral University.

Her doctoral work focuses on corporate prosocial behaviors, succession planning, crisis preparedness, diversity, inclusion, equitable opportunities, leadership ethics, cross-generational communication, leadership development, team-building and disruptive solutions that add value to companies.

Rep. Mainor credits her work ethic to her mentor and first “boss” after graduation, former U.S. Assistant Surgeon General Dr. Helene Gayle, at the Center for Disease Control and Prevention. She was hand-picked by Dr. Gayle to be her speech writer and research assistant directly out of college. This opportunity allowed her to serve in public health at the international level. Rep. Mainor also worked for the U.S. Agency for International Development, U.S. Agency for Toxic Substances and Disease Registry and late U.S. Rep. John Lewis at his Washington, D.C. office.

Before Rep. Mainor decided to pursue public office, she founded an immersion language school, Little Voyages. She believes in teaching children to be citizens of the world, not just their

neighborhoods or communities. During its first year, Little Voyages also successfully received a two out of three star Quality Rating from the Georgia Department of Early Care and Learning. She received an award from former Governor Nathan Deal as an exceptional childcare provider.

Rep. Mainor also trademarked the Junior Business League, which is a program that shows children how to think outside the box. The Junior Business League teaches entrepreneurship, wealth creation, advocacy for human rights and the environment and the power of voting. Rep. Mainor desires to teach children that their current environment does not have to be a reflection of their future. This pursuit is a personal testimony as she was born in a blighted community known as “The Bluff” in downtown Atlanta.

During her first year legislative session, Rep. Mainor authored bipartisan legislation which would create the Fulton Technology and Energy Enhancement Authority (Fulton TEEA). If passed by the Georgia General Assembly and signed into law, the Fulton TEEA would be one of the first public agencies in the nation to focus on the fourth industrial revolution (4IR) and help Fulton County become a leader in technology and renewable energy. The last authority created by the General Assembly for Fulton County was MARTA in 1966.

In addition to public service, Rep. Mainor is highly committed to her two girls. She attributes her walk in life to following God’s direction. She is a dedicated member of Friendship Baptist Church and a host of other organizations that are service-centric. Rep. Mainor’s girls, Chloe and Alexis, are both students of Atlanta Public Schools.